RAINBOW HOUSE OF HOPE UGANDA RAINBOW CHILDREN'S VOICE

March 2012

THE INTERNATIONAL WOMEN'S DAY

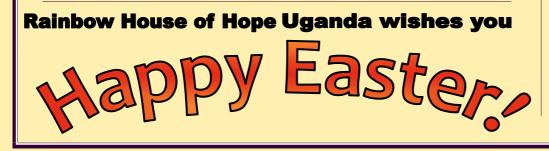
By Kirabo

This day is celebrated every 8th of march world wide and has been observed since the early 1990s. There are many reasons for the celebration of this day, such as achieving the target of gender equality and empowerment of women, to encourage equality and opportunities for women, to recognise women's contributions to their families and communities, as well as to magnify the need for improved treatment and rights for women.

Since the day is celebrated all over the world, we also organized a party for the girls at Rainbow. During the festivity, many activities took place such as badminton, volleyball, dancing, eating, drinking and finally sitting around the fire while enjoying music. This was such a success because we also support the need for improved treatment and rights for women.



Top: Sitting around the fire, making bread on sticks and potatoes





Uganda rainbowhouseinfo@gmail.com

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INTRODUCTION OF NEW VOLUNTEERS: CHRISTINA & MASSIMILIANO

RHU

My name is **Christina** and I'm 23 years old. I've almost finished my teachers studies in Passau/Germany for secondary school. Therefore, I'll make an internship for a few weeks at different schools and I'm really looking forward to join other teachers, meeting children and learn more about the Ugandan school system.

I haven't seen much of Uganda yet, but my first days here at Rainbow were quite impressive and I really like it, especially the very warm welcome of staff and the other volunteers. I'm sure, that I'll enjoy my stay, which lasts till July and the African way of life!

My name is **Massimiliano**, I arrived from Italy last month (February) and I will remain in Uganda till beginning of May. In Italy I manage an association called "aiuto dal cielo?" that literally translated means "help from the sky?" It is dedicated to people who always wait and ask for the help of others, instead of doing something to change their condition. So we show people that the best

help can come from themselves, helping others who are in their conditions, sharing skills, knowledge and objects, and then receiving help in the same way.

I arrived in Uganda with the idea that we can share help everywhere there are good people.



I'm very happy, that the idea was appreciated in RHU and it was great that in these weeks we already put in practice. Till now, I helped people of Rainbow teaching informatics, building some furniture, fixing beds and electrical plugs. In the same way, I received help by Rainbow volunteers doing some activities for me, as washing clothes, cooking, going to take food for me and Leila, the small cat which we adopted some weeks ago. In the next days, I will move to a secondary school, where I will extend the concept of sharing help and I'm sure we will create a good relationship with them and RHU, sharing many things. As I like to say, a long journey starts with one step, and starting from a Rainbow is a sign of good luck!

Do you have suggestions, complaints or new ideas for the "children's voice"? Or you have a story, poem or something else to be published? Just write to:

rhuchildrensvoice@yahoo.com

We are looking forward to your message! Thank you.

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CRAFTS-WORKSHOP

By Christina, Onyango and Lena

Since the beginning of this year, the Crafts-Workshop has been reactivated by some members of Rainbow, who meet every Monday to Friday from 10am up to lunchtime.

For many years, the Crafts-Workshop showed children and youths how to make handwork, such as necklaces, bungles, rings, key holders and earrings, with the intention of teaching them how to earn a living in the future, using their own skills. Besides, the selling of the crafts in Uganda and other countries like Germany is a good opportunity to collect funds for Rainbow.

Furthermore, the participants learn how to design things for themselves, while some members use this opportunity to meet new people and share their experiences while sitting together.



These craftworks are made out of wood, natural materials and paper, that is rolled to form paper beads

JESUS THE GREAT SCIENTIST

By Justine

Jesus over came the law of gravity by ascending to heaven,

the great chemist who changed water in wine,

the biologist who raised Lazarus from death,

the great mathematician who divided five loaves of bread and two fish among 5000 people,

the great engineer who could build the temple within three days,

Jesus the great optician who gave sight to the blind,

the great meteorologist who ordered the storm to cool down.

Happy Easter!

THE TAILORING DEPARTMENT PRESENTS:



Fashion of the month march: A babygirl dress

RANNEOW HOLSE OF HOPE LIGANDA

RAINBOW CHILDREN'S VOICE

INTERVIEW: VERENA LÖRSCH

How old are you? I am 17 years old.

Where are you living? In Koblenz, Germany

Have you ever lived in another place? Yes, I have been living in Bornheim-Merten in North Rhine-Westphalia (a german federal state) for 6 years, I was born near that place.

How many are you in your family? We are 6 people: father, mother, two older sisters and one younger brother

What is the work of your parents? Mother: Vocational school teacher und and a specialist for nutritional science and home economics, Father: mechanical engineer

In which level are you in school? I am in class 11 (similar to S.4 in Uganda)

Which is your favourite subject in school? Social studies, Religion and French.

Describe your daily routine. In the morning I get up and go to school by bus. After a few lessons we have a break in the noon, where I eat something that I brought to school. After that, I have some more lessons and go back home in the afternoon. Then, I have some free time and go to a theatre group, piano lessons, a youth group (scouts), dancing or the youth centre of our parish. After a few rounds of jogging, I eat supper and start doing my homework. Sometimes I have to learn for an examination too. Before I go to bed, I sometimes read a book or watch TV.

Which profession do you want have in future? Journalist or author

Your biggest dream? I would like to have a successful job, a beautiful family and spend a lot of time on music.

What are you afraid about? Diseases and death Which skill would you like to learn immediately? Drumming

Which food do you like most? Liquorice and pastries

If you would get 10.000 Shillings (ca. 3 Euro), what would you buy? Ice-cream from the best ice-creamman of the town and a song from the internet.

What are the three most important things in your life? Happiness, people and music



INTERVIEW: KIRABO PEGGY

How old are you? I am 18 years old.

Where are you living? In Kabalagala, Kampala, Uganda How many are you in your family? We are mother, father, six girls and one boy

What is the work of your parents? My mum is not working and my father is a doctor

Which language is your mother language? Luganda In which level are you in school? I finished high school last year and I am going to attend university in summer for studying journalism

Describe your daily routine. I get up in the morning, do housework (mopping, cleaning...). Then I take some tea and go to Rainbow for german lessons, Brass band practise or dance lessons with the girls group. After that, I go back home, eat supper and sleep.

Which profession do you want have in future? I would like to be a journalist

Your biggest dream? To be the most famous journalist in the world

What are you afraid about? To be embarrassed in public

Which skill would you like to learn immediately? Playing the saxophone very well

Which was the best day of your life? There are two best days: the first one was my 18th birthday. Rainbow and Justine prepared a surprise, when I came to Rainbow the Brass band was playing for me a birthday song. The second day was, when I went to Rwanda for the



first time. It was also my first time to travel and to cross the Ugandan border. We had a lot of fun there.

Which food do you like most? Matooke (cooked Bananas) and fresh fish

If you would get 10.000 Shillings, what would you buy? I would save it on my bank account

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SHORT STORY: HOW THE HEN AND THE COCK BECAME DOMESTIC BIRDS

By Onyango Aldo

Once upon a time, there lived hens and cocks in the bush. Animals were afraid of Mr. Cock because he had told them, that his comb had fire. Because of this, Mr. Cock was made the leader of the animals in the jungle. One day, a leopard was going to host guests at his home. He told his son to fetch fire from Mr. Cock's comb. Reaching there, the comb was as cold as ice. The young leopard ran back home and told his father the strange news.

Mr. Leopard immediately went to Mr. Cocks house to find out. It was true, his son had not lied.

This made Mr. Leopard very angry and he decided to kill Mr. Cocks family. Mr. Cock pleaded, but Mr. Leopard was determined. The cock's family ran towards the farmers gardens. Up to today, hens and cocks are kept by people.



"Dominik Mayer" / www.jugendfotos.de

CROSSWORD PUZZLE: HEALTH

Across:

A vein, for example
(4)

- 2. Pedicure is the care of
- the feet and \dots (4)

5. Short for intensive

care unit (3)

6. Body injury caused bya weapon such as a knife(5)

8. Places where patients are treated and cared for(6)

9. A Tooth... Is used to clean teeth using a brush(5)

11. Short for dead on arrival (3)

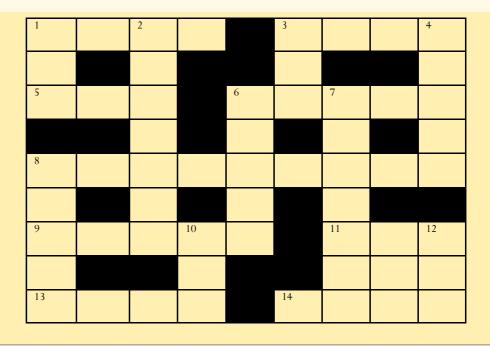
13. Period of 12 month commonly used to measure expiry of drugs (4)14. Sharp part of a knife that can insure someone (4)

By Justine

Down:

1. Having three (3)

- 2. Injuries on the body skin such as prom scrapes and bumps (7)
- 3. Least number of times to brush teeth each day (3)
- 4. Lies with the body in positions that are not the head, feet, back or stomach (5)
- 6. A common colour of medicine such as panadol (5)
- 7. If someone can walk... It means without help from anyone after being ill (7)
- 8. Feeling pleased because you are well (5)
- 10. Black thing made by burning tobacco (3)
- 12. Number of years a person has lived (3)



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LANGUAGE COURSE, LESSON 21: COOKING/EATING - UTENSILS

English	Deutsch	Luganda
saucepan, cooking pot	Topf	sseffuluya
plate	Teller	essowaani
knife	Messer	ekiso
fork	Gabel	ewuuma
spoon	Loeffel	ekijiiko
charcoal stove	Holzkohlekocher	sigili
charcoal	Kohle	maanda
cup	Tasse	ekikopo
pan	Pfanne	esepiki
kettle	Wasserkessel	ebinika
dish	Schuessel	ebakuli